

# Resultat – Handicapen

2023-11-05

Handicapen	(10 / 10)	Tid	Efter			
1. Johan Asplund	Laholms OK	2:45:13				
3:56 (3:56)	3:04 (7:00)	4:33 (11:33)	2:13 (13:46)	2:40 (16:26)	4:53 (21:19)	
3:25 (24:44)	3:15 (27:59)	3:12 (31:11)				
2. Tobias Johansson	Laholms OK	2:47:33	+2:20			
4:02 (4:02)	2:20 (6:22)	3:35 (9:57)	2:19 (12:16)	2:11 (14:27)	4:31 (18:58)	
2:31 (21:29)	3:03 (24:32)	2:56 (27:28)				
3. Ulf Jönsson	Laholms OK	2:47:42	+2:29			
6:18 (6:18)	4:14 (10:32)	8:49 (19:21)	4:22 (23:43)	4:13 (27:56)	7:38 (35:34)	
5:39 (41:13)	7:47 (49:00)	5:24 (54:24)				
4. Håkan Lejon	Laholms OK	2:52:20	+7:07			
5:00 (5:00)	9:39 (14:39)	8:23 (23:02)	3:23 (26:25)	3:18 (29:43)	6:54 (36:37)	
4:35 (41:12)	4:47 (45:59)	4:19 (50:18)				
5. Louise Asplund	Laholms OK	2:55:38	+10:25			
7:34 (7:34)	5:29 (13:03)	6:34 (19:37)	3:31 (23:08)	3:48 (26:56)	12:15 (39:11)	
6:03 (45:14)	8:04 (53:18)	4:18 (57:36)				
6. Hanna Asplund	Laholms OK	2:55:53	+10:40			
6:48 (6:48)	4:17 (11:05)	6:41 (17:46)	4:14 (22:00)	4:17 (26:17)	11:52 (38:09)	
6:06 (44:15)	7:59 (52:14)	4:36 (56:50)				
7. Britt-Marie Magnusson	Laholms OK	2:56:14	+11:01			
12:35 (12:35)	4:15 (16:50)	5:53 (22:43)	2:43 (25:26)	3:14 (28:40)	6:58 (35:38)	
5:16 (40:54)	5:23 (46:17)	3:54 (50:11)				
8. Niclas Pettersson	Laholms OK	2:56:50	+11:37			
16:11 (16:11)	4:40 (20:51)	6:14 (27:05)	3:25 (30:30)	4:45 (35:15)	9:24 (44:39)	
6:35 (51:14)	10:11 (1:01:25)	5:22 (1:06:47)				
9. Ina Vestin	Laholms OK	3:05:58	+20:45			
5:46 (5:46)	25:03 (30:49)	8:16 (39:05)	2:55 (42:00)	3:00 (45:00)	7:05 (52:05)	
4:42 (56:47)	4:48 (1:01:35)	3:22 (1:04:57)				
Ludvig Schough	Laholms OK	Ej start				
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
– (–)	– (–)	– (–)				

Medelsvår 2,5 km	(1 / 1)	Tid	Efter			
1. Sune Johansson	Laholms OK	37:46				
6:59 (6:59)	4:28 (11:27)	3:41 (15:08)	7:29 (22:37)	4:19 (26:56)	4:07 (31:03)	
6:43 (37:46)						

Lätt 2 km	(7 / 7)	Tid	Efter			
1. Joakim Ragnvaldsson	Laholms OK	30:38				
4:05 (4:05)	2:50 (6:55)	2:13 (9:08)	3:48 (12:56)	4:22 (17:18)	5:32 (22:50)	
1:27 (24:17)	5:25 (29:42)	0:56 (30:38)				
2. Lena Jönsson	Laholms OK	39:21	+8:43			
5:40 (5:40)	6:14 (11:54)	3:18 (15:12)	4:54 (20:06)	6:24 (26:30)	4:07 (30:37)	
2:40 (33:17)	4:47 (38:04)	1:17 (39:21)				
3. Margareta Johansson	Laholms OK	43:13	+12:35			
5:19 (5:19)	7:22 (12:41)	3:17 (15:58)	3:40 (19:38)	5:54 (25:32)	4:27 (29:59)	
7:19 (37:18)	4:44 (42:02)	1:11 (43:13)				
4. Mary Ottosson	Laholms OK	44:47	+14:09			
5:50 (5:50)	5:23 (11:13)	3:42 (14:55)	5:41 (20:36)	7:28 (28:04)	6:28 (34:32)	
3:10 (37:42)	5:42 (43:24)	1:23 (44:47)				
5. Algot Vedenbrant	Laholms OK	53:16	+22:38			
7:32 (7:32)	8:16 (15:48)	4:40 (20:28)	7:57 (28:25)	8:54 (37:19)	4:39 (41:58)	
3:29 (45:27)	5:53 (51:20)	1:56 (53:16)				
6. Stefan Vedenbrant	Laholms OK	53:25	+22:47			
7:28 (7:28)	8:20 (15:48)	4:36 (20:24)	8:09 (28:33)	8:42 (37:15)	4:42 (41:57)	
3:23 (45:20)	6:00 (51:20)	2:05 (53:25)				
7. Gudrun Pettersson	Laholms OK	1:01:19	+30:41			

7:46 (7:46)

11:12 (18:58)

6:29 (25:27)

10:12 (35:39)

10:28 (46:07)

5:30 (51:37)

3:09 (54:46)

5:03 (59:49)

1:30 (1:01:19)

Skapad av [MeOS 3.8.1326 \(U1\)](#): 2023-11-05 20:47:58